

NEW CANAAN HIGH SCHOOL ATHLETICS

-Required Forms-

The following 3 forms must be on file with the NCHS Athletics Office before a student can participate in any sport at the high school.

The forms can be downloaded from the Athletics Department's website www.ncrams.com and are available in hardcopy in the NCHS Athletics Office.

1. MEDICAL FORM: State of CT Health Assessment Record (SCTHAR)

Every student who participates in sports at NCHS must have an annual physical and have a valid medical form on file with the Athletics Office.

- **Only the State of CT Health Assessment Record form will be accepted by the Athletics Office.**

*This is the same form that is required to be submitted to the school nurse during Grades 6 and 10 and if you are new to the New Canaan Public Schools.

- A copy of all three pages of the SCTHAR form must be submitted to the Athletics Office.

*Page 1 must be filled out and signed by the student's parent or legal guardian.

*Pages 2 & 3 must be filled out, signed and stamped by the student's physician.

*The date of the exam must be listed in the space provided in the upper right corner of Page 2.

- For Athletics, **the SCTHAR form is valid for one year from the date of the student's last physical.**

*As long as a student-athlete has a valid medical form on file with the Athletics Office, they do not need to submit a new form for each sport in which they participate.

*When the medical form expires, student-athletes must have a new physical, have a new SCTHAR form filled out, and submit a copy of it to the Athletics Office.

2. PERMISSION FORM: Athletics Parent Permission Form

Every student who participates in sports at NCHS is required to submit a Parent Permission Form.

- The Parent Permission Form must be completed and signed by the student's parent/legal guardian.

- For Athletics, **the Athletics Parent Permission Form is valid for one season of one sport.**

3. POLICY FORM: NCHS Policy Acknowledgement Form

Every student who participates in sports at NCHS is required to submit a New Canaan High School Policy Acknowledgement Form to the Athletics Office.

- The Policy Acknowledgement Form must be signed by the student-athlete and a parent/legal guardian.

- For Athletics, **the NCHS Policy Acknowledgement Form is valid for one school year (Sept.-June).**

-IMPORTANT-

The forms can be downloaded from the Athletics Department's website at www.ncrams.com.

❖ **Forms must be submitted directly to the Athletics Office.**

(Forms can be mailed or hand-delivered. They cannot be faxed or given to coaches.)

❖ **Forms must be received by the Athletics Office prior to the first day of practice.**

(If a student's medical form is still valid at the start of the season, then only the Permission and Policy Forms are required prior to the first day of practice.)

❖ **Always print clearly when filling out the forms.** (They may be used in an emergency.)

❖ **Always keep a copy of everything you submit.**

Submit forms to:

NCHS Athletics Office, 11 Farm Road, New Canaan, CT 06840

If you have any questions, contact the Athletics Office at 203-594-4639.